

Day	Date	BoM	From	Complete	Done	Time to finish	Start/Plan	Summary of long-term experiences	
1	27-May	W	1 Ne 7	1	Vir 1	<input type="checkbox"/>	5 w	Int 1	Review and live your standards
2	28-May	Th	1 Ne 13	2	Vir 2	<input type="checkbox"/>	3 w	Faith 1	Pray morning and evening
3	29-May	F	1 Ne 17	3	Vir 3	<input type="checkbox"/>	3 w	Int 2	Begin new habit related to personal integrity
4	30-May	Sa	1 Ne 22	4	Vir 4	<input type="checkbox"/>	3 w	C&A 1	Begin a habit of regular scripture study and prayer
5	31-May	Su	2 Ne 5	5	Int 3	<input type="checkbox"/>	3 w	C&A 2	Choose three standards you will improve on
6	1-Jun	M	2 Ne 11	6	Int 4	<input type="checkbox"/>	2 w	GW 1	Record the quiet acts of service others perform
7	2-Jun	Tu	2 Ne 21	7	Int 6	<input type="checkbox"/>	3 w	IW 2	Learn about patriarchal blessings and if you don't have one, prepare to receive one
8	3-Jun	W		8	Int 7	<input type="checkbox"/>	2 w	GW 2	Help plan meals, obtain and prepare food, and gather family for mealtimes
9	4-Jun	Th	2 Ne 27	9	C&A 3	<input type="checkbox"/>			You completed the Virtue Experiences this week - Congratulations!
10	5-Jun	F	Jac 1	10	C&A 4	<input type="checkbox"/>	1 w	Faith 3	Teach a lesson on how faith helps you live a specific gospel principle
11	6-Jun	Sa	Jac 6	11	C&A 5	<input type="checkbox"/>	3 w	Faith 4	Establish a pattern of pondering during the sacrament (3 weeks)
12	7-Jun	Su	Mos 2	12	C&A 6	<input type="checkbox"/>	1 w	Faith 6	Explain the plan of salvation and discuss how it strengthens your faith
13	8-Jun	M	Mos 7	13	Faith 2	<input type="checkbox"/>	2 w	Faith 5	Increase your understanding of the atonement and share your testimony
14	9-Jun	Tu	Mos 14	14	IW 1	<input type="checkbox"/>	1 w	IW 5	Plan to participate in a dance, speech, music or drama performance
15	10-Jun	W		15	IW 4	<input type="checkbox"/>	2 w	IW 3	Each day, notice and acknowledge the worthwhile qualities and attributes of others
16	11-Jun	Th	Mos 22	16	IW 7	<input type="checkbox"/>	2 w	DN 2	Develop an attribute a mother you admire thinks important for being a mother
17	12-Jun	F	Mos 28	10	Faith 3	<input type="checkbox"/>			
18	13-Jun	Sa	Alma 4	18	DN 1	<input type="checkbox"/>	2 w	DN 3	Show love for a family member and avoiding unkind thoughts/actions
19	14-Jun	Su	Alma 9	12	Faith 6	<input type="checkbox"/>	2 w	DN 4	Act each day to remember the Lord Jesus Christ and develop your divine qualities
20	15-Jun	M	Alma 13	6	GW 1	<input type="checkbox"/>	2 w	DN 5	Treat your parents with respect and kindness and do as they ask
21	16-Jun	Tu	Alma 18	14	IW 5	<input type="checkbox"/>	2 w	DN 6	Select a divine quality from the readings and strive to make it a part of daily life
22	17-Jun	W		8	GW 2	<input type="checkbox"/>			
23	18-Jun	Th	Alma 24	2	Faith 1	<input type="checkbox"/>			
24	19-Jun	F	Alma 30	3	Int 2	<input type="checkbox"/>			
25	20-Jun	Sa	Alma 35	4	C&A 1	<input type="checkbox"/>			
26	21-Jun	Su	Alma 41	5	C&A 2	<input type="checkbox"/>			You completed the Choice and Accountability experiences - Congratulations!

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27	22-Jun	M	Alma 45	13	Faith 5	<input type="checkbox"/>			
28	23-Jun	Tu	Alma 51	7	IW 2	<input type="checkbox"/>			
29	24-Jun	W		15	IW 3	<input type="checkbox"/>		You completed the Individual Worth Experiences - Congratulations!	
30	25-Jun	Th	Alma 57	16	DN 2	<input type="checkbox"/>	1 w	GW 4	Teach a family home evening lesson on service
31	26-Jun	F	Alma 62	18	DN 3	<input type="checkbox"/>	1 w	GW 7	Invite someone to Church who is not already attending and share your testimony
32	27-Jun	Sa	Hel 5	11	Faith 4	<input type="checkbox"/>			You completed the Faith experiences - Congratulations!
33	28-Jun	Su	Hel 10	19	DN 4	<input type="checkbox"/>	1 w	Kno 2	Learn a new skill/talent and share what you have learned
34	29-Jun	M	Hel 16	20	DN 5	<input type="checkbox"/>	1 w	Kno 3	Use Article of Faith 13, evaluate a performance and share your thoughts
35	30-Jun	Tu	3 Ne 6	21	DN 6	<input type="checkbox"/>			You completed the Divine Nature experiences - Congratulations!
36	1-Jul	W		36	GW 3	<input type="checkbox"/>	1 w	Kno 4	Prepare and give a talk about a gospel principle you'd like to understand better
37	2-Jul	Th	3 Ne 12	30	GW 4	<input type="checkbox"/>	1 w	Kno 5	Learn about work/service that interests you and interview someone in that field
38	3-Jul	F	3 Ne 19	38	GW 6	<input type="checkbox"/>	1 w	Kno 7	List of emergency supplies/skills needed, and share/teach about this
39	4-Jul	Sa	3 Ne 27	31	GW 7	<input type="checkbox"/>			You completed the Good Works experiences - Congratulations!
40	5-Jul	Su	Morm 3	40	Kno 1	<input type="checkbox"/>			
41	6-Jul	M	Morm 9	33	Kno 2	<input type="checkbox"/>			
42	7-Jul	Tu	Eth 7	34	Kno 3	<input type="checkbox"/>			
43	8-Jul	W		36	Kno 4	<input type="checkbox"/>			
44	9-Jul	Th	Eth 13	37	Kno 5	<input type="checkbox"/>			
45	10-Jul	F	Mor 6	38	Kno 7	<input type="checkbox"/>			You completed the Knowledge experiences - Congratulations!
46	11-Jul	Sa	Mor 10	1	Int 1	<input type="checkbox"/>			You completed the Integrity experiences - Congratulations!

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